

### **Lent Group Study**

Read through Matthew 4: 1-11 and discuss the following

- What does Jesus give up in the passage? Why do you think He gave this up?
- What do you notice in the passage? (i.e. what stands out)

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A Boxer

An Athlete

A Footballer

A Cook

A Band

A Model

Gives up certain foods  
to achieve the right  
weight

Goes on controlled  
diets & does certain  
exercises for months

Spends day and night  
training to be the best

Spends hours learning  
how to perfect a meal

Practices songs day in,  
day out to play an  
amazing gig/get signed

Chooses food carefully  
and looks after  
themselves carefully