

## **Body Image - Our Identity - Bible Focus**

In your group read **Luke 4:1-13**.

### **Insight!**

In this passage Jesus is tempted in the wilderness by Satan. We usually look at this passage on the subject of temptation but in the passage Satan questions who Jesus is (verse 3 and 9) challenging Him on whether he is actually the Son of God.

### **Questions**

**1** - Where do you think Jesus got His identity from?

**2** - A lot of Jesus' answers include Him using scripture. Does the bible help you form your identity? What in particular in the bible has stood out to you in the past in terms of your identity?

**3** - How does our own self view affect our behaviour? How can our self view have a negative affect on us?

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